

Ah-Lan Dance Schedule of Classes

2016 - 2017

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
Studio A	Studio B	Studio A	Studio B	Studio A	Studio B	Studio A	Studio B	Studio A	Studio B	Studio A	Studio B
6:15-7:30pm Wugong Level 3 Ages 10-15 Instructor: Ah-Lan		6:30-7:30pm Wugong Level 1 Ages 6-9 Instructor: Ah-Lan				5:45-6:30pm Ballet Level 1 Ages 5-8 Instructor: Kari Gim		4:00-5:00pm Modern Dance Ages 8-15 Instructor: Elizabeth Boubion		10:00-10:50am Chinese Dance Level 1, Ages 4-5 Instructor: Ah-Lan	
7:30-8:30pm Zumba Adults Instructor: Yan Yuan		7:30-9:00pm Chinese Dance Level 1 Adults Instructor: Ah-Lan		7:30-8:30pm Chinese Dance for Exercise Adults Instructor: WanZhang		6:30-7:30pm Wugong Level 2 Ages 10-15 Instructor: Ah-Lan		5:00-6:30pm Ballet Level 4 Ages 10-15 Instructor: Andrea Gaudet		11:00am-12:00pm Chinese Dance Level 2 Ages 6-7 Instructor: Ah-Lan	
						7:30-9:00pm Chinese Dance Level 2 Adults Instructor: Ah-Lan		7:15-8:15pm Zumba Adults & Teens Ages 12+ Instructor: Yan Yuan		12:00-1:00pm Chinese Dance Level 3 Ages 8-9 Instructor: Ah-Lan	12:00-1:00pm Zumba / Chinese Dance for Exercise Adults & Ages 12+ Instructor: WanZhang
								8:15-9:30pm Chinese Dance for Men Adults Instructor: Ah-Lan		1:00-2:00pm Chinese Dance Level 5 Ages 12-13 Instructor: Ah-Lan	1:00-2:00pm Ballet Levels 2 & 3 Ages 8-11 Instructor: Andrea Gaudet
										2:00-3:00pm Chinese Dance Level 4 Ages 10-11 Instructor: Ah-Lan	2:00-3:00pm Ballet Level 4 Ages 12-15 Instructor: Andrea Gaudet
										3:00-4:30pm Chinese Dance Levels 6 & 7 Pre-Teens, Teens Instructor: Ah-Lan	4:30-5:00pm Ah-Lan Dance Company Company Dancers meet 2:00-4:00pm first Sunday every month
										5:00-6:30pm Chinese Dance Level 3 Adults Instructor: Ah-Lan	



Ah-Lan
DANCE STUDIO

Plan your next
Birthday Party
with
Ah-Lan Dance!

Dance Party Themes:

- Ballet
- Chinese Dance
- Zumba
- Hawai'ian Dance
- Hip Hop
- Disco
- Modern Dance
- Yoga

Dance instruction and
fun for 45-60 minutes

Visit our website at
www.AhLanDance.com
for more information

